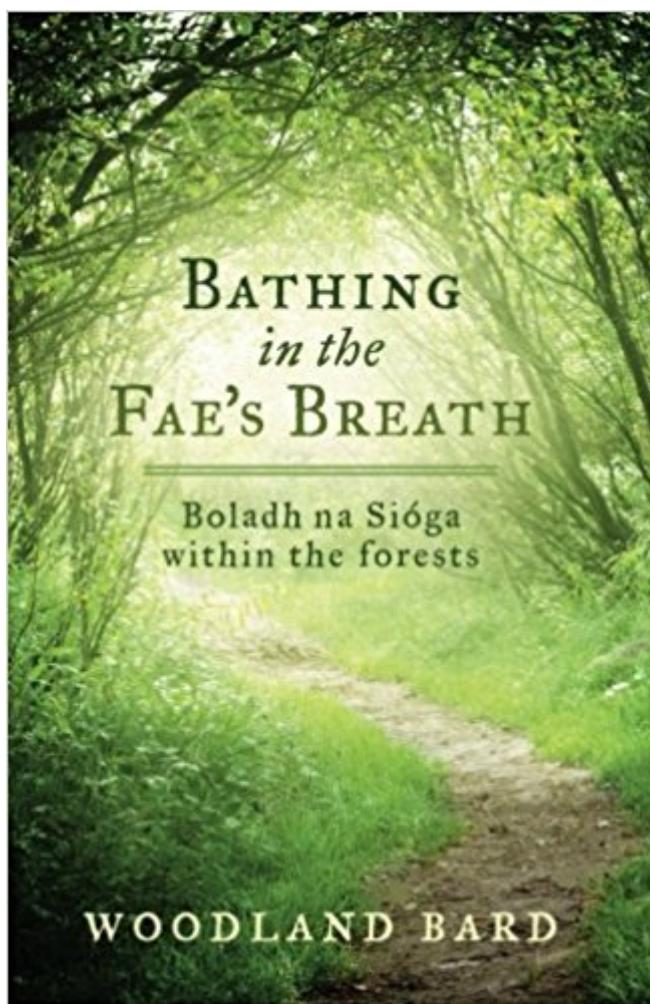


The book was found

Bathing In The Fae's Breath: Boladh Na SÃ-oga



Synopsis

Are you a Tree Hugger, a Forest Bather, a Woodland Explorer? Bathing In The Fae's Breath is a Tree Hugger's compendium of poems, stories, and things to do in the forest. Add to that is a section called, 'Ogma's Tale Of The Trees'. This is a set of 20 story poems taking the reader on a vision quest using Memory Of Trees through our maturing life that becomes engrained into the original 20 symbols of the Ogham alphabet. In the mythology I share here, the Fae is the unseen. It is the ebbing and flowing presence that orchestrates the mysterious flowing diversity of Nature through all weathers and seasons. If we pause, we may sense it all dancing around us, and it may seem like mischievous weaving work of several unseen beings, that have helped to keep bards and storytellers in work for 100s of years.

Book Information

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Customer Reviews

John Willmott, now aka Woodland Bard, is based in Co. Sligo, north west of Ireland. John has lived a wandering life of passion with forests, woodlands, spring wells and natural water. He has expressed and shared all of this as a poet, storyteller, folk dramatist, writer, composer, woodland activist, tree labyrinth keeper, coach and guide for more than 55 years.

Written as an American who visits Ireland whenever she can: So many people are hungry to experience the Irish Spirit, but just end up taking a bus to Newgrange and having a drink at the Guinness factory. Here is a book of poems and stories written by someone who has spent years and years in communion with the trees and hedges and springs of the Irish countryside. If you can't get to Ireland, read this book--better--read this book out loud, outside in a wild place near you, and learn

how the Fae of your place are connected to the Fae of Ireland. And if you are able to travel to that green island, bring this with you in your backpack, and read the poems (out loud) under the trees that inspired them. A true poet's work, given to us wherever we are.

I bought this book through a few months ago after becoming aware of it from Woodland Bard's website. It is a wonderful book for anyone interested in "Forest Bathing". A book full of stories, poetry, myths and truths, questions, practical instructions for activities and.....mischief and magic. "Bathing in the Fae's Breath" is a book that's interesting, enjoyable and rewarding reading from cover to cover but also a book that one will dip into to re-read sections time and time again.

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